

American Smooth Waltz Sequence Dance

“Waterfall Waltz”

Background

This Sequence dance was choreographed by Steven Porter LISTD and uses Bronze Level American Smooth Waltz Figures. A standard 16 Bar Sequence has been used in this routine.

General Notes

Time Signature: 3/4 30-32 Bars / Minute

Normal Waltz Footwork and Rise & Fall should be used throughout the dance except Bars 2 and 14 for Lady where the normal close action on 3 is not used - see detailed notes below. For Bar 7 (first Bar of the Grapevine) both Man and Lady do not close on Step 3. For all other Bars both the Man and Lady close on step 3.

When in an Open single hand hold, the free arm should generally be extended and used in a free flowing manner. When turning under an arm or passing your partner the free arm should be folded in towards the body.

Script Summary

Man commences Facing the Line of Dance (LOD) in Closed Hold.

1. Two Way Under Arm Turn (6 Bars)
2. Grapevine (2 Bars)
3. Waterfall (4 Bars)
4. Reverse Turn with Under Arm Turn (2 Bars)
5. Progressive Twinkles (2 Bars)

Total 16 Bars

Note: Twinkles should be danced with feet closing on count 3 of the Bar.

Bar	Step	Man	Lady	Description
Figure 1		Two Way Under Arm Turn		Commence in Closed Hold with Man facing the Line of Dance (LOD).
1	1	LF Fwd	RF Back	Man and Lady dance 1-3 of a forward Change Step in Closed Hold.
	2	RF to Side	LF to Side	
	3	LF Closes to RF	RF Closes to LF	Man releases Right Hand Hold at the end of Step 3 and moves slightly apart from the Lady to provide space to commence the under arm turn. Retain Left to Right Hand Hold for the remaining steps of the Figure.
2	1	RF Back	LF Fwd	Man no turn. Lady commences to turn Right.
	2	LF to Side	RF Fwd	Man no turn. Lady turns 1/4 to the Right, moving towards the Centre at a right angle to the Man.
	3	RF Closes to LF	LF Fwd	Man no turn. Lady turns 1/4 to the Right to face the LOD. <u>Note</u> the Lady finishes forward on the LF and <u>does not close</u> .
3	1	LF Fwd	RF Fwd	No turn. Both step forward down the LOD retaining Left to Right Hand Hold.
	2	RF to Side	LF to Side	Man 1/4 turn to the Left. Lady 1/4 turn to the Right. Both step to side to face each other, Lady slightly to mans Right side.
	3	LF Closes to RF	RF Closes to LF	No turn. Retain a high Left to Right Hand hold. Man places the back of his right hand on the Lady's waist to indicate to the Lady that she will pass on the Man's Right side on the next step.
4	1	RF Fwd	LF Fwd	No turn. Retain high Left to Right hand hold as the Man and Lady dance a passing step.
	2	LF to Side	RF to Side	Both turn 3/8 (Man Right, Lady Left).
	3	RF Closes to LF	LF Closes to RF	Both turn 1/4 (Man Right, Lady Left). Finish in Open Counter Promenade Position. Lower the joined hands to a central position. Extend free arm outwards.
5	1	LF Fwd	RF Fwd	No turn. Both step forward against the LOD.
	2	RF to Side	LF to Side	Both turn 1/4 (Man Left, Lady Right).
	3	LF Closes to RF	RF Closes to LF	Finish in Promenade Position.

Bar	Step	Man	Lady	Description
6	1	RF Fwd in Promenade Position	LF Fwd in Promenade Position	No turn.
	2	LF to Side	RF to Side	Man no turn. Lady 1/4 turn to the Left.
	3	RF Closes to LF	LF Closes to RF	Finish in Closed Position Man facing / Lady backing Diagonal to Wall.
Figure 2		Grapevine		Note Man and Lady do not close on step 3 of the first Bar in the Grapevine.
7	1	LF Fwd	RF Back	Steps 1 and 2 danced with no turn.
	2	RF Fwd Outside Partner	LF Back	
	3	LF to Side	RF to Side	Man and Lady 1/4 to the Right between 2 and 3.
8	1	RF Back	LF Fwd Outside Partner	
	2	LF to Side	RF to Side	
	3	RF Closes to LF	LF Closes to RF	Man and Lady 1/4 to the Left between 2 and 3 to finish in Closed Position backing Diagonal to Wall.
Figure 3		Waterfall		This Figure starts with a Twinkle to Promenade Position. This is danced similar to a Whisk but closing on beat 3.
9	1	LF Fwd	RF Back	No turn.
	2	RF to Side	LF to Side	
	3	LF Closes to RF	RF Closes to LF	Lady turns to the Right to Finish in Promenade Position.
10	1	RF Fwd in Promenade Position	LF Fwd in Promenade Position	No turn. Moving Diagonal to Centre (DC).
	2	LF to Side	RF to Side	Ma takes Lady's Left Hand in Right Hand as the Lady Turns 1/4 to the Left to Face Diagonal to Wall against the LOD.
	3	RF Closes to LF	LF Closes to RF	Man no turn. Lady continues to turn 1/4 to the Left to finish in Shadow Position (Lady in front of the Man both facing Diagonal to Wall). Both extend the free Left arm outwards - joined Right hands.

Bar	Step	Man	Lady	Description
11	1	LF Fwd Outside Partner	RF Fwd	No turn. Man raises the joined Right Hands.
	2	RF to Side	LF to Side	Man Turns 1/4 to the Left to face Diagonal to Centre. Lady turns 1/2 to the Right to face Diagonal to Centre Against the LOD. Take Left to Left Hand Hold at the end of step 2 and release Right to Right Hand Hold above the Lady's head.
	3	LF Closes to RF	RF Closes to RF	Man no turn. Lady turns an additional 1/4 to the Right to finish facing Diagonal to Centre in Shadow Position in front of the Man. Man.
12	1	RF Fwd Outside Partner	LF Fwd	Man no turn. Lady no turn. Moving Diagonal to Centre release Left to Left Hand Hold.
	2	LF to Side	RF to Side	Man no turn. Lady turns 1/2 to the Left between 2 & 3 to regain Closed Hold. Man and Lady facing Diagonal to Centre.
	3	RF Closes to LF	LF Closes to RF	Finish facing Diagonal to Centre.
Figure 4		Reverse Turn with Under Arm Turn		
13	1	LF Fwd	RF Back	1-3 of a Reverse Turn to finish with Man Backing the Line of Dance, Lady Facing the Line of Dance.
	2	RF to Side	LF to Side	
	3	LF Closes to RF	RF Closes to LF	Man releases Right Hand Hold and starts to raise the Left Arm at the end of step 3.
14	1	RF Back	LF Fwd	Man dances 4-6 Reverse Turn. Lady dances a three step turn pivoting to the Left under the Mans raised Left Arm. The <u>Lady does not close on 3</u> but finishes with weight on the LF, RF held back. The Lady may omit the under Arm Turn if preferred.
	2	LF to Side	RF to Side	
	3	RF Closes to LF	LF Fwd Pivoting Action	Finish facing Diagonal to Wall (Lady backing Diagonal to Wall) taking Double Hand Hold.

Bar	Step	Man	Lady	Description
Figure 5		Progressive Twinkles (Danced with Double Hand Hold)		
15	1	LF Fwd Outside Partner	RF Back	No turn.
	2	RF to Side	LF to Side	Turn 1/4 to the Left between 1 and 2 and finish facing Diagonal to Centre.
	3	LF Closes to RF	RF Closes to LF	
16	1	RF Fwd Outside Partner	LF Back	No turn.
	2	LF to Side	RF to Side	Turn 1/8 to the Right between 2 and 3 to finish Facing the LOD.
	3	RF Closes to LF	LF Closes to RF	Regain Closed Hold.
		Repeat fro Bar 1		