

Best-Ballroom

Ballroom, Latin and Sequence Dancing Events and Tuition

Thank you all for your continued support at our new venue. We seem to have settled in very well. Although the floor is slightly smaller than our previous venue, we hope you find the floor better to dance on without risk of injury!

The split of roughly 50% Sequence and 50% Ballroom & Latin seems to be the best combination to suit all tastes. If there are any dances you would like payed more, please let us know. New Sequence dances are always welcome if enough people want to try them. Again please let us know and we will fit them into the repertoire.

Social Dance Dates for 2018

All dances at **The Howard School, Derwent Way, Rainham, ME8 0BX**

The New Years Eve dance for 2018 will be confirmed later this year.

30 June	27 October
28 July	24 November
NO AUGUST DANCE	15 December (Christmas Dance)
22 September	31 December (New Year Dance TBC)

New Sequence Dances

As well as the old Sequence favourites, we have introduced the following Sequence Dances to our programme over the past year. We will continue to play music for these dances and hope you enjoy them and take the opportunity to learn them.

- Robins Swing (a summary script is included overleaf)
- Tea Dance Tango (a video and script is available on the website)
- Redwood Cha Cha Cha (a video and script is available on the website)
- Waterfall Waltz (a video and script is available on the website)
- Obsession Tango (very new..a full script is available on the website)

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NEXT PRACTICE

10th June

7pm-9.30pm

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NEXT DANCE

30th June

8pm-10.50pm

Private Lessons

Available Saturdays and Sundays by appointment.

Tel: Steven on **07703 479051**

email: steven@best-ballroom.co.uk

Lessons individually tailored to suit your requirements. One off lessons and regular lessons available on request.

Sunday Practice Nights

Detling Village Hall, Pilgrim's Way, Detling, Kent, ME14

Our practice nights are open to everyone to attend. For our next practice on the 10th June we shall alternate between Ballroom & Latin dances and will also allow some time to practice some of the new Sequence Dances. £5pp, BYO Refreshments. **7pm-9pm.**

PLEASE NOTE WE HAVE CHANGED THE DATE OF OUR LAST THREE PRACTICE NIGHTS - THEY WILL BE ONE WEEK EARLIER THAN PREVIOUSLY PUBLISHED.

10 June	02 September (REVISED DATE)
15 July	07 October (REVISED DATE)
NO AUGUST PRACTICE	04 November (REVISED DATE)

The Robins Swing - Sequence Script Summary

Arranged by Graham and Avril Watkins in 2017. Commence in Normal Hold. Man facing Diagonal to Wall (Lady backing Diagonal to Wall). Lady dances normal opposite unless stated otherwise.

Bar 1 - LF Fwd Walk and Point (S,S)

Bar 2 - 4 to 6 Reverse Turn (S,Q,Q) to Face Diagonal to Centre

Bars 3-4 - Zig Zag (Grapevine) to Open Hold (Man Left Hand, Lady Right Hand) (S,S,S,S)

Bar 5 - Lock Step Along LOD (Q,Q,S)

Bar 6 - Lock Step Along LOD (Q,Q,S)

Bar 7 - New York Action (Check & Recover) (S,S)

Bar 8 - Chasse Left (Lady Right) Man Passing Behind Lady (Q,Q,S) (Take Right Hand to Left Hand Hold)

Bar 9 - Fwd Step Down LOD Turning Inwards & Step to Side (S,S) (Taking Left Hand to Right Hand Hold)

Bar 10 - Keep Turning and Step Back Down LOD and Point LF Back Without Weight (Lady RF) (S,S)

Bar 11 - LF Fwd (Lady RF) Walk Against LOD and Swing RF Fwd (Lady LF) (S,S)

Bar 12 - RF Back (Lady LF) Down LOD, LF Closes to RF, RF Fwd Against LOD (Q,Q,S)

Bar 13 - LF Fwd (Lady RF) Against LOD Turning Outwards and Replace Weight Fwd Down LOD (S,S)

Bar 14 - Keep Turning Inwards to Chasse Along LOD (Double Hand Hold) (Q,Q,S)

Bar 15 - RF Fwd (Lady LF) Down LOD and Turn Outwards, Replace Weight to LF Against LOD (Lady Right) (S,S)

Bar 16 - Keep Turning and Step to Side on RF (Lady LF) Against LOD & Close LF to RF Without Weight (Regain Closed Hold) Facing Diagonal to Wall (S,S)