

# Best-Ballroom

## Ballroom, Latin and Sequence Dancing Events and Tuition

Thank you all very much for your continued support throughout the year. We hope you have enjoyed our dances at the Howard School. We have two more dances left this year - the **24th November** and our **Christmas Dance on the 15th December**. We hope you can join us for these events. £5.50pp on the door. 8pm - 10:50pm. BYO Refreshments. Incl. Free Raffle.

### Christmas Dance 15th December



**Join** us for some festive fun, music and dancing at our 2018 Christmas Dance. We shall be laying out tables with table cloths and tea lights. Please bring along your own buffet, nibbles and drinks.

We shall have a break at around 9pm to eat and socialise. We hope you can join us and get into the Christmas spirit.

Please note that we **will not be running a New Years Eve dance at the Howard School this year**. However, a smaller function will be held at **Detling Village Hall**. Please come and see me at the next dance for more details.

## Social Dance Dates for 2019

|               |
|---------------|
| 2 Feb         |
| 2 Mar         |
| 13 Apr        |
| 4 May         |
| 1 Jun         |
| No July Dance |

### All dances at **The Howard School, Derwent Way, Rainham, ME8 0BX**

Our dances will continue with the split of roughly 50% Sequence and 50% Ballroom & Latin. Please let us know if there are any particular Sequence Dances you would like played and we will fit them into the repertoire.

# 1

## NEXT PRACTICE

20th Jan 19

7pm-9.30pm

# 2

## NEXT DANCE

24 Nov 18

8pm-10.50pm

### Private Lessons

Available Saturdays and Sundays by appointment.

Tel: Steven on **07703 479051**

email: [steven@best-ballroom.co.uk](mailto:steven@best-ballroom.co.uk)

Lessons individually tailored to suit your requirements. One off lessons and regular lessons available on request.

## Sunday Practice Nights Dates for 2019

Detling Village Hall, Pilgrim's Way, Detling, Kent, ME14

|        |
|--------|
| 20 Jan |
| 17 Feb |
| 17 Mar |
| 21 Apr |
| 19 May |
| 16 Jun |

Our practice nights are open to everyone to attend.

We shall continue with the format of running a **Sequence Class from 7pm - 8pm** and then have a **Ballroom & Latin Practice session from 8pm - 10pm**.

£5pp, BYO Refreshments.

### Radbourne Rumba - Summary Script : Arranged by Stuart Perry & Beverly Howard (Sept 2018)

Commence in Shadow Hold, Lady Slightly to Mans Right Side and Facing the Line of Dance. Mans Right Hand on Lady's Back, Left Hand Holding the Lady's Left Wrist. Man and Lady Dance on the same foot for Bars 1 - 4 and 13 - 16.

Bar 1 - LF Fwd Check, Replace and Step to Side (Check Diagonal to Wall)

Bar 2 - Spot Turn to Left (Releasing Hold)

Bar 3 - 3 Rumba Walks Fwd (Shadow Hold)

Bar 4 - Cucaracha to Right (Closing RF to LF without weight (Man), Close with weight on RF (Lady))

Bar 5 - Back Basic finishing Fwd on Right Foot Facing Line of Dance (Man), 4-6 Hip Twist Lady (2 steps fwd LF & RF then 1/2 turn Left to face Man finish back on LF), Take Left to Right Hand Open Hold

Bar 6 - Open Basic

Bar 7 - Alemana Turn from Open Position

Bar 8 - Rope Spin (Lady finishes on Mans Left Side both facing the Line of Dance)

Bar 9 - Travelling Solo 1/2 Turns (Man Turns Right, Lady Left to both finish backing the Line of Dance with Lady on Mans Right Side)

Bar 10 - 1 -3 Open Box to Change Places (Man moves rightwards in front of Lady, Lady moves Leftwards behind Man to finish on Mans Left Side, both facing against the Line of Dance)

Bar 11 - Back Zig Zag turning 1/2 a turn inwards to finish in Right Side Position facing the Line of Dance

Bar 12 - LF Cucaracha (Man) RF Cucaracha (Lady) (Lady Closes RF to LF without Weight)

Bar 13 - RF Fwd and across, LF to Side, RF Back & Ronde LF (Zig Zag & Ronde)

Bar 14 - Back LF, Close RF to LF, Side LF

Bar 15 - Cuban Rock (R,L,R)

Bar 16 - Spot Turn to Right (Point LF to Side Wsithout Weight on last step).