

Best-Ballroom

Ballroom, Latin and Sequence Dancing Events and Tuition

What's On?

We had a super turnout for our first Practice Night of 2017 on the 22nd January. The first hour was spent learning the Redwood Cha Cha Cha - a new Sequence Dance created in 2016. The hour was just enough time to get the vast majority dancing it through by the end of the session. Well done all! We shall be including the Redwood in our Saturday evening schedule going forwards. We hope you enjoy learning and dancing it. For those who would like to learn the dance or perhaps recap the steps, please come along to our next Practice Night on the 14th February at Detling Village Hall. A video walkthrough of the dance has also been added to our website.

We will continue to look at new Modern Sequence dances to introduce to our Saturday Night Social Dance Programme as well as maintaining a good mix of traditional Ballroom and Latin music. Thank you for your continued support and we hope you continue to enjoy the music and dancing.

Social Dance Dates for 2017

25 February	23 September
25 March	28 October
22 April	25 November
27 May	16 December (Christmas Dance)
24 June	31 December (New Year Dance)
22 July	

Rainham School for Girls, Derwent Way, Rainham,
Kent, ME8 0BX

Dancing starts promptly at 8pm through to 11pm. £5.50pp. Tickets on the Door. BYO refreshments. A mixture of Ballroom, Latin and Sequence will be played. At a minimum there will be 1/3 Sequence with approximately 22 Sequence Dances in an evening including the occasional Line Dance.

1

NEXT PRACTICE

12th February
7pm-9.45pm

2

NEXT DANCE

25th February
8pm-11pm

3

BALLROOM DANCING

The fine art of getting your feet out of the way faster than your partner can step on them!

Practice Nights with Tuition

Detling Village Hall, Pilgrims Way, Detling, Kent, ME14 3EY

Dates and Schedule for 2017

Date	7pm-8pm	8pm-9pm	9pm-9.45pm
12 Feb	Sequence Class: The Redwood Cha Cha Cha	General Ballroom and Latin Practice Open to All	Ballroom Class: Intermediate/Advanced WALTZ
12 Mar	Sequence Class: The Wicked Waltz	General Ballroom and Latin Practice Open to All	Ballroom Class: Intermediate/Advanced TANGO

No booking required for the Practice Nights. Just turn up on the evening for the sessions you would like to attend. £4pp. BYO refreshments. Further enquiries: steven@best-ballroom.co.uk

Advanced Ballroom Class

The Advanced Ballroom Class provides an opportunity to learn some more advanced figures including line figures. The February Waltz class will include the following figures arranged in a long side amalgamation:

- Running Spin Turn
- Syncoated Side Lock
- Fallaway Slip Pivot
- Double Reverse Spin
- Contra Check
- Throwaway Oversway
- Left Turning Lock
- Right Lunge

Further Practice Night Dates

The programme for these Practice Nights will be published in our next News Letter.

Date
09 April
14 May
11 June

Private Lessons

Available Saturdays and Sundays by appointment.

Tel: Steven on **07703 479051**

email: steven@best-ballroom.co.uk

Lessons individually tailored to suit your requirements. One off lessons and regular lessons available on request. All