

# Best-Ballroom

## Ballroom, Latin and Sequence Dancing Events and Tuition

### News Update

Thank you all for the great attendance at our first few dances of 2017 at Rainham School for Girls. We appreciate your continued support and look forward to seeing you at all our dances this year.

As well as the old favourites, we are featuring a number of new Modern Sequence Dances in our programme including the Wicked Waltz, Redwood Cha Cha and our very own Waterfall Waltz. If you have missed our classes on these dances we have put some walkthrough videos of the dances on our Website, Facebook Page and Youtube. Take a look at these if you want to recap the steps or learn the dances. We hope you find them useful!

We will continue to look at new Modern Sequence dances to introduce to our Saturday Night Social Dance Programme. Take a look at the Sequence section overleaf to find out what we shall be covering at our next Practice Nights!

We hope you continue to enjoy the music and dancing.

### Social Dance Dates for 2017

8pm-11pm at Rainham School for Girls,  
Derwent Way, Rainham, ME8 0BX

22 April	28 October
27 May	25 November
24 June	16 December (Christmas Dance)
22 July	31 December (New Year Dance)
23 September	

# 1

### NEXT PRACTICE

9th April

7pm-9.45pm

# 2

### NEXT DANCE

22nd April

8pm-11pm

### Private Lessons

Available Saturdays and Sundays by appointment.

Tel: Steven on **07703 479051**

email: [steven@best-ballroom.co.uk](mailto:steven@best-ballroom.co.uk)

Lessons individually tailored to suit your requirements. One off lessons and regular lessons available on request.

## Practice Nights with Tuition

Detling Village Hall, Pilgrims Way, Detling, Kent, ME14 3EY

### Dates and Schedule for 2017

Date	7pm-8pm	8pm-9pm	9pm-9.45pm
9th April	<b>Sequence Class:</b> 30 mins each on the <b>Waterfall Waltz &amp; Fat Cat Foxtrot</b>	<b>General Ballroom and Latin Practice</b> Open to All	<b>Ballroom Class:</b> Intermediate <b>Quickstep</b> Variation
14th May	<b>Sequence Class:</b> A new <b>Tango Sequence</b> ...easy to learn!	<b>General Ballroom and Latin Practice</b> Open to All	<b>Ballroom Class:</b> Intermediate <b>Rumba</b> Variation

No booking required for the Practice Nights. Just turn up on the evening for the sessions you would like to attend. £4pp (covers all three sessions). BYO refreshments. Further enquiries: [steven@best-ballroom.co.uk](mailto:steven@best-ballroom.co.uk)

## Wicked Waltz Script Summary

This is a high level summary of the dance to be used as an aide memoire.  
Commence in Closed Hold, Man Facing Diagonal to Wall.

Bar	Figure	Count	Bar	Figure	Count
1	Whisk	1,2,3	9	4-6 Weave	9,2,3
2	Fallaway Natural Turn	2,2,3	10	Travelling Contra Check	10,2,3
3	Recover to Closed Position	3,2,3	11	Syncopated Counter Fallaway Zig Zag From Promenade Position, Finishing in Promenade Position	11,2&3
4	1-3 Continuous Hover Cross	4,2,3	12	Wing	12,2,3
5-6	4-9 Continuous Hover Cross	5,2,3,6,2,3	13	Open Telemark	13,2,3
7	1-3 Weave	7,2,3	14	Passing Natural Turn	14,2,3
8	Back Lock & Slow Lock	8&2,3	15	Underturned Outside Spin	15,2,3
			16	4-6 Reverse Turn	16,2,3

#### Points to note on alignments:

- Bar 8 - Direction should be moving Diagonal to Centre (DC).
- Bars 10 & 14 - Direction should be moving Diagonal to Wall (DW)
- Bar 11 - Direction should be along the Line of Dance (LOD)
- Bar 12 - The Wing should finish with Man Facing (Lady Backing) DC.