

Best-Ballroom

Ballroom, Latin and Sequence Dancing Events and Tuition

News Update

We have continued to introduce some new (and old) Sequence dances into our Saturday evening social dance programme. We will continue to feature the following dances: Wicked Waltz, Redwood Cha Cha Cha, Waterfall Waltz and Fat Cat Foxtrot. We have put some walkthrough videos of these dances on our website and Youtube to help you learn the steps if you don't already know them!

We have played a Bossa Nova 66 at our last two dances and were asked for a Balentine Bossa Nova at our last dance. We will continue to feature the Bossa Nova at future dances so you may like to take a look at the steps to one or both of these dances which can be found quite easily on Youtube.

We will continue to look at Modern Sequence dances to introduce to our Saturday Night Social Dance Programme. We will be doing a Tango Sequence at our next Practice Night. After much consideration, a Sequence from 1996 has been chosen. The "Tea Dance Tango", arranged by Darren Badder and Hilary Biggs. The Sequence has a mixture of steps in both Shadow Hold, Closed Hold, Double Hand Hold and an interesting Cuddle Hold for 2 Bars! More details overleaf....

Social Dance Dates for 2017

8pm-11pm at Rainham School for Girls,
Derwent Way, Rainham, ME8 0BX

27 May	28 October
24 June	25 November
22 July	16 December (Christmas Dance)
23 September	31 December (New Year Dance)

1

NEXT PRACTICE

18th June

7pm-9.45pm

2

NEXT DANCE

27th May

8pm-11pm

Private Lessons

Available Saturdays and Sundays by appointment.

Tel: Steven on **07703 479051**

email: steven@best-ballroom.co.uk

Lessons individually tailored to suit your requirements. One off lessons and regular lessons available on request.

Practice Nights with Tuition

Detling Village Hall, Pilgrims Way, Detling, Kent, ME14 3EY

Date	7pm-8pm	8pm-9pm	9pm-9.45pm
14th May	Sequence Class: "Tea Dance Tango"	General Ballroom and Latin Practice Open to All	Ballroom Class: Intermediate Rumba Variation
18th June	Sequence Class: "Tea Dance Tango"	General Ballroom and Latin Practice Open to All	Ballroom Class: Intermediate Rumba Variation Continued

No booking required for the Practice Nights. Just turn up on the evening for the sessions you would like to attend. £4pp (covers all three sessions). BYO refreshments. Further enquiries: steven@best-ballroom.co.uk

Script Summary of the "Tea Dance Tango"

Commence in Shadow Hold Facing the Line of Dance.

Abbreviations: LOD = Line of Dance, DC = Diagonal to Centre, DW = Diagonal to Wall

Bar	Description	Bar	Description
1	Two Walks (S,S)	9	Change of Place to Cuddle Hold (Q,Q,S) Man turns right to finish facing DW.
2	Zig Zag (Q,Q,S) Finishing Facing LOD	10	Three Walks turning Right (Man Fwd, Lady Backwards) to finish with feet closed facing the Centre still in cuddle hold. (Q,Q,S)
3	Walk, Tap, Walk (Q,Q,S) Moving DC	11	Release Right Hand Hold and both step forwards to the centre and turning (Man Right, Lady Left) to finish in Counter Fallaway Position (Q,Q,S)
4	Walk, Brush, Side Close (Q,Q,Q,Q) Finish Facing LOD. Lady dances, Walk, 1/2 Turn to R and Close, Side, Close to take Normal Hold	12	Walk, Brush, Side, Close (without weight) to finish in Closed Hold (Q,Q,Q,Q) facing DW.
5	Walk, Lunge (S,S)	13	Whisk (Q,Q,S)
6	4 Backward Walks to Finish in Contra Fallaway Position with Double Hand Hold. (Q,Q,Q,Q)	14	Wing (Q,Q,S)
7	Walk, Tap, Walk (Q,Q,S) Moving down the LOD	15	Open Telemark (Q,Q,S) to Promenade Position
8	Walk, Side Step, Close (Q,Q,S) to Face Partner and Centre still in Double Hand Hold	16	Walks forward Lady Turning to Right to regain Shadow Hold (Q,Q,S)