

# Best-Ballroom

**Ballroom, Latin and Sequence Dancing Events and Tuition**

## News Update

Thank you to everyone that has attended our dances so far this year. We've had some great attendance and hope you continue to enjoy our dances. We have one more dance on 22nd July before we take our summer break in August.

## Social Dance Dates for 2017

8pm-11pm at Rainham School for Girls,  
Derwent Way, Rainham, ME8 0BX

22 July	25 November
23 September	16 December (Christmas Dance)
28 October	31 December (New Year Dance)

## Sequence Dance News

Inventive Sequence Dance Competitions are held frequently across the UK and winning dances are published via Sequence Dance Script Subscription Services. The winning dances so far this year are:

Speedwell Saunter, Leo Quickstep, Butterfly Jive, Bollinger Blues, Jive Seventeen, Paradise Blues, Caistor Quickstep, Morton Mambo, Robins Swing, Waltz La Passione, Chortle Cha Cha Cha, Trueman Tango, Loxley Tango, Pheonix Rumba, Anniversary Saunter, Candelberry Foxtrot, Molinito Mambo.

If there are any Sequence Dances (new or old) you have learnt and would like to be featured in our Saturday dances - please let us know!

**1**

### NEXT PRACTICE

16th July

7pm-9pm

**2**

### NEXT DANCE

22nd July

8pm-11pm

### Private Lessons

Available Saturdays and Sundays by appointment.

Tel: Steven on **07703 479051**

email: [steven@best-ballroom.co.uk](mailto:steven@best-ballroom.co.uk)

Lessons individually tailored to suit your requirements. One off lessons and regular lessons available on request.

## Practice Nights

Detling Village Hall, Pilgrims Way, Detling, Kent, ME14 3EY

Our next Practice Night will be on Sunday 16th July. Our past few Practice Nights have included tuition on various Sequence Dances. Our next Practice Night will provide some time to practice the dances and also include a quick walkthrough of the dances to recap the steps. Help will be on hand if you need any guidance with the steps!

No booking is required for the Practice Nights, just turn up on the evening. £4pp. BYO refreshments. Open to All.

Further enquiries: [steven@best-ballroom.co.uk](mailto:steven@best-ballroom.co.uk)

## 16th July Practice Night Running Order

Time	Dance
7.00pm - 7.10pm	Waltz
7.10pm - 7.20pm	Cha Cha Cha
7.20pm - 7.30pm	Wicked Waltz (incl. Walkthrough)
7.30pm - 7.40pm	Quickstep
7.40pm - 7.50pm	Rumba
7.50pm - 8.00pm	Redwood Cha Cha Cha (incl. Walkthrough)
8.00pm - 8.10pm	Foxtrot
8.10pm - 8.20pm	Jive
8.20pm - 8.30pm	Tea Dance Tango (incl. Walkthrough)
8.30pm - 8.40pm	Tango
8.40pm - 8.50pm	Samba
8.50pm - 9.00pm	Waterfall Waltz

**Remember:** You know you are a dancer when 'and' is a number....